

PR24/2010

World's top "Parkour" Performers on Stage at Ngong Ping Village

(Hong Kong, 10 November 2010) A troupe of "Parkour" performers from France and popular local artist Mr William Chan kicked off the "Parkour Extravaganza" at Ngong Ping Village to boisterous applause from the crowd.

From now until 28 November 2010, four world-class "Parkour" professionals from France and two top local "Parkour" performers will be demonstrating their talents in Ngong Ping Village. Today's show was the highlight of the three-week-long "Parkour Extravaganza".

Hot splendid body movements - William Chan with "Parkour"

Well-known for his spectacular dancing techniques, local celebrity Mr William Chan staged his first-ever performance through a mix of singing, dancing and "Parkour" skills at the special show today.

The "Parkour" team, dressed in Chinese Kung Fu costumes, demonstrated creative "Parkour" techniques against the spectacular "blue and green" backdrop in Ngong Ping Village. Ngong Ping 360 Managing Director Mr Y T Li also joined Mr William Chan and the "Parkour" performance team to share in the excitement.

Stunning show by the French "Parkour" troupe

"Parkour is well-known for its adaptability to any outdoor environment," said Mr Y T Li. "This makes Ngong Ping 360 is a perfect stage for performers to move freely and fluidly from one point to another to the thrill of fans."

"The Chinese-themed buildings, bridges, Pai Lau, poles, walls and fences in Ngong Ping Village fit seamlessly into the 'Parkour' show. It also allows for every visitor to get a good view of the performance," added Mr Li.

The "Parkour" professional troupe performed wall-runs, drop jumps, rolls, climbing and other complex exercises displaying their physical limits in Ngong Ping Village, which was filled with non-stop applause and admiration from visitors.

“Through organising popular performances from overseas, we hope to bring in more visitors to experience fun-filled entertainment to make their “Blue and Green” journey to Ngong Ping 360 an even more fruitful and memorable one,” said Mr Li.

The “Parkour” art form originated in France and comes from the French word “parcours”, meaning journey or path. It is also described as “free-running”. It is a modern sport popular among youngsters involving physical practice of traversing oneself freely in outdoor settings. The goal is to move from one point to another as quickly, smoothly and efficiently as possible.

Parkour is believed to be a way to explore oneself, to understand the strengths and weaknesses, and to perform the best. A Parkour practitioner believes that the exercise will bring not only physical strength, but also mental benefits such as relief of stress, new perspectives, creative thinking and decisiveness.

Must-see “Parkour Performance” and “Parkour Parade”

During the performance period until 28 November 2010, “Parkour” professionals will host three “Parkour Performances” and three “Parkour Workshops” daily in Ngong Ping Village.

Visitors can also enjoy the fun and excitement of the exercise and experience how to confront fear and obstacles by joining the Parkour workshops hosted by Parkour professionals. At the same time, visitors can also have a chance to pose with the healthy-looking and cheerful Parkour performers in the Village.

For details of the “Parkour Extravaganza”, visitors can call Ngong Ping 360’s Hotline at 3666 0606 or browse its website at www.np360.com.hk.

- End -

Ngong Ping 360 Parkour Extravaganza
Now to 28 November 2010
Schedule

<u>Time</u>	<u>Performance and Workshop</u>
Daily: 11:30 am 11:50 am 12:10 pm	Session 1 - Parade - Performance - Workshop
Daily: 2:00 pm 2:20 pm 2:40 pm	Session 2 - Parade - Performance - Workshop
Daily: 3:30 pm 3:50 pm 4:10 pm	Session 3 - Parade - Performance - Workshop

Note:

- ◆ Limited space is available for the interactive workshops. Free coupons will be distributed at Ngong Ping Village on a first-come, first-served basis. Visitors can also call the Ngong Ping 360 Customer Service Hotline at 3666 0606 for reservations.

Photos:

1. Ngong Ping 360 Managing Director Mr Y T Li (middle), celebrity Mr William Chan (3rd right) and “Parkour” professionals stage “Parkour” at Ngong Ping 360 today.



2. Mr William Chan and "Parkour" professionals perform a mix of dancing, singing and "Parkour".



3. Stunning performances by the "Parkour" performance team from France and the Hong Kong Parkour Association.



Profiles of “Parkour” Performances key team members

The French “Parkour” group was formed by professional stuntmen, performers, and award-winning athletes. The group performs regular shows all over the world.

1. Raimundo Querido

Raimundo is one of the pioneers of the Parkour sport in France. He dedicated himself to “Parkour” after he finished university. After more than 10 years of training, Raimundo formed his own crew and participated in different commercials, shows and movies.

2. Matthias Barbier

Matthias has a strong interest in sports such as climbing, gymnastics and tennis. He currently is part of a team that puts on all kinds of spectacular performances. Matthias is also the spokesperson for the University Student Olympics in Shenzhen which will be held in 2011.

3. Yannick Ben

Yannick started “Parkour” in 2003 with the founder of Yamakasi. He is a multi-talented professional in sports such as Gymnastics, Aikido, kick-boxing, Sanda and Jeet Kune Do. His achievements include winning second place in the France National Gymnastics Championship in 1997. Yannick is also currently a professional Stuntman and Actor. He travels to different countries to film and perform. He also teaches “Parkour” in his leisure time.

4. Guillaume Jean-Louis

Guillaume began his active life at a very young age with Judo and climbing. He started street roller and acrobatics at the age of 15. Starting in 2003, Guillaume participated in a lot of “Parkour” performances and is currently a professional acrobat.

Profiles of “Parkour” performers from Hong Kong

1. Wong Ho Fung

Mr Wong is the Founder and Creative Director of the Hong Kong Parkour Association, and has been actively promoting “Parkour” in Hong Kong for years. He is a devoted “Parkour” professional and has also gained plenty of film experience.

2. Kwan Wing Tai

Tai started “Parkour” in 2006 and is an active member of the Hong Kong Parkour Association. Tai was inspired by the “Parkour” philosophy, which encouraged him to solve problems in a different way and build an unrelenting spirit.